I Will Survive

(based on the Gloria Gaynor song, written by Perren and Fekaris, new lyrics by P. Leidy)

At first I was afraid, I was petrified
I was completely overwhelmed by a rising tide
Sinking like a stone into a cold and stormy sea—anxiety
Held a vice grip on me
And then you tried it once more
That same old intervention that has never worked before
You said I'd better get in line or very sorry I would be
And by now you ought to know that program never works on me

You don't know me, you don't know why
I have to let out all the years of pain bottled up inside
Weren't you the one who tried to tie me to the bed
You think I'd let you? You think I'd let you go ahead?
Oh no not I--I will survive
If there's one thing that I know it's how to stay alive
I've got all my life to live
I've got so much more to give
And I'll survive…I will survive (hey hey)

It takes all the strength I have not to fall apart
And a long time mending pieces of my broken heart
You don't know my story or the trauma I lived through
Anxiety—has taken over me
But you'll see me, someday I know
Finding solid ground and rising from the water down below
I've lost people that nobody knew meant the most to me
And though I'm scared I know that this is not the way I'll always be

So let me go, right out that door
I need room to be the person that I couldn't be before
Yeah it's gonna take some time and someone to stand by me
If you think I'm gonna fail you're barking up the wrong tree
Oh no not I--I will survive
If there's one thing that I know it's how to stay alive
I've got all my life to live, I've got so much more to give
And I'll survive…I will survive

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